

Helping everyone to be
mentally healthy.



THE
**RESILIENCE
PROJECT.**

FAMILY HUB



When schools and families speak the same language
around mental health, our young people thrive.

Our **Family Hub** is designed to keep you in the loop,
inspire everyday **wellbeing practices at home**, and
help strengthen the connection between what your
child is learning in the classroom and how you
support them in life.



[Click here](#) or scan this QR code to learn more
about our [Family Hub](#).

